



***UPLIFT* Volume 4, No. 1 Winter 2023** **CRESTSprogram**



Winter 2023 is Here! **Time to Get Revitalized and Renewed!**

It's official: 2023 is well underway! For most of us, the 2023 Winter term or semester has either already begun (or will soon begin). Hopefully, you have taken time to reflect on “the good, the bad, and the ugly” of 2022, and to plan for what you will likely encounter in 2023. Whether you are moving through this early part of 2023 with excitement or trepidation (or some combination of these or other emotions), one thing is certain – you are in motion. The questions are: “What are you moving away from?” and “What are you moving toward?” If it is true that we are “in the process of becoming what we practice to be”, then **let us commit to becoming better equipped to more effectively promote academic excellence and emotional well-being in Black children** (and other socially marginalized youth). **CREST-Achieve is your partner for enhancing your knowledge and skills related to the use of culture-centered, trauma-informed interventions for Black youth and their families.** In this issue of UPLIFT, you will find information and resources to enhance your ability to more effectively intervene with (and on behalf) of these youth. More specifically, this issue includes articles on the following topics: CRESTSprogram courses available on demand (featuring CRESTS-Liberate [an Emancipatory Research credentialing program]), our team’s upcoming plans to participate in the 2023 ESEA conference, and an announcement regarding our upcoming Black History Month communique (to include suggestions about how to effectively use Black History Month celebrations to empower and equip Black youth to thrive amidst adversity). **As you read these articles, we hope that you will become revitalized and renewed in your efforts to promote academic excellence and emotional well-being in Black (and other minoritized) youth.**



Upcoming Events



JAN 24 Harnessing the Power of African-American Culture to Prevent Juvenile Justice Involvement & Recidivism



FEB 28 The Impact of the COVID-19 Pandemic on the State of Black Youth: Education, Mental Health, & Juvenile Justice Perspectives



MAR 21 Utilizing Culture-Centered Strategies to Enhance Acceptance, Protection, & Support of LGBTQ Black Youth

APR 25 Reaching Black Children Early: Africentric Interventions for Use in Early Childhood

MAY 23 Quiet as It's Kept: Black Mothers & Transgenerational Trauma

Winter/Spring 2023



The Impact of the COVID-19 Pandemic on Black Youth: Education, Mental Health, & Juvenile Justice Perspectives

Tuesday, February 28th
12:00-1:30pm CST

[Register Now!](#)



Using Culture-Centered Strategies to Enhance Acceptance, Protection, and Support of LGBTQ Black Youth

Tuesday, March 21st
12:00-1:30pm CST

[Register Now!](#)

ESEA Conference 2023: Our Return!

It has been a year since we attended the ESEA



conference in New Orleans. The entire CRESTSprogram team is preparing to travel to **Indianapolis, IN** to participate in the 2023 ESEA conference. We will again engage with educational leaders, teachers, and policymakers at this year's conference. This year's conference promises to be exciting for several reasons. **The first is that we will be presenting a Thursday afternoon (Feb 2nd) session at 12:45 pm entitled, "Trauma-Informed Care for Children of Color: What's Culture Got to do With It?"** In this presentation, we will discuss the limitations of current, school-based, trauma-informed

care programs to fully address the academic and socio-emotional needs of children of color. If you plan to attend this conference, please join us for a lively and informative presentation. **Second, we will introduce new products to visitors to our exhibit booth (#722).** Last year, visitors were excited about the travel blankets we raffled off. We think they will be equally pleased by our new products (a combination of giveaways and raffle items). **Additionally, we will have several resources on hand, including copies of our CRESTSprogram concept papers, resource lists, etc.** We look forward to talking with new and returning visitors at our exhibit booth. We hope to see you there (whether you attend this conference virtually or in person)!

Update on CRESTS-Liberate and our Emancipatory Research Collaboration with BERA



Thanks to a generous grant from the Kellogg Foundation, The Broward Educational Research Alliance (BERA) partnered with CRESTSprogram to develop an Emancipatory Research training (CRESTS-Liberate) for 50 individuals nationally at non-profit organizations. The training began with an orientation and a 3-hour pre-training to review basic research protocols and assumptions. In addition, a small subset of the 50 participants serves as the Think Tank collective, meeting once before the training and again after the training has concluded. Already, the participants have shared how beneficial the training is, stating that *"it has connected about 20 dots for me,"* and *"this validates how we've been working, but without the structure and vocabulary."* We look forward to our continued work with the 50 members of non-profit organizations over the winter and spring months and will continue to share with you the outcomes of this critical project. **If you would like to take the Emancipatory Research training (CRESTS-Liberate), it is available on our training site:**

<https://crestsprograms.thinkific.com/pages/crests-liberate>

Expand Your Knowledge With CRESTSprogram Trainings!

CRESTS-ACHIEVE

The overarching goal of this credentialing program is to train educators, mental health

AFRICAN-CENTERED COUNSELING

This is a 3-part series primarily designed for

CULTURE-CENTERED MONDAYS

Culture-centered Mondays is a 4-part series highlighting the need for culture-centered

clinicians, and parents/guardians to apply relevant research and strategies to transform the school and home environments in consideration of culture-centered, trauma-informed care.

mental health professionals introducing African-centered counseling theories and interventions, including theories advanced by Drs. Wade Nobles, Kobi Kambon, and Frederick Phillips.

trauma-informed care when working with Black children. Each lecture provides cultural context for mitigating the effects of structural racism.

[Learn More!](#)

[Access Now!](#)

[Enroll Now!](#)

Your Donations are Welcome!



Many thanks to all of you who write to us to share how you are. We like how you use our webinars to enhance your practice to serve your clients better. We appreciate your support of our work and feel honored by your continued attendance and use of our content. We also welcome your monetary support as it will assist us in developing more resources, commissioning more papers, and creating more training tools we can share with you. Additionally, we like to offer our panelists offerings for their time, and your donations to our work would help us to show our appreciation to guest presenters. We welcome any level of support for our work. **Do you want to financially support our mission and activities to promote academic excellence and emotional well-being in Black children and adolescents?**



[Donate Now!](#)



February is... **Black History Month!**

(Be on the Lookout for the CRESTSprogram "Black History Month" Communique -
To be Made Available on Our Website)



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